DIXONS BROOKLANDS ACADEMY

Y10 Health and Social Care

Long Term Plan 2026/2027

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
Cycle 1	26/8 Data & Planning Days	2/9	9/9	16/9	23/9	30/9	7/10	14/10	4/11	11/11	18/11	25/11	2/12
	Expectations	Infancy	Early Childhood	Adolescence	Early Adulthood	Middle Adulthood	Later Adulthood	Life stages Recap	Physical Factors	Lifestyle Factors	Social Factors	Cultural Factors	Environmental Factors
Cycle 2	9/12	16/12	6/1	13/1	20/1	27/1	3/2	10/2	24/2	3/3	10/3	17/3	24/3
	Emotional Factors	Economic Factors	PSA Factors Practice	H&WB life events & sources/types of support	Relationship changes & sources/types of support	Life circumstances & sources/ types of support	Sources of support	PSA Factors Practice	PSA Practice	PSA Practice	PSA	PSA	PSA
Cycle 3	31/3	21/4	28/4	5/5	12/5	19/5	2/6	9/6	16/6	23/6	30/6	7/7	14/7
	PSA	PSA Resubmission	PSA Resubmission	Primary Care Services	Primary Care Services	Secondary Care Services	Secondary Care Services	Tertiary Care Services	Tertiary Care Services	Allied Health Professionals	Allied Health Professionals	Recap	Work Experience Week

DIXONS BROOKLANDS ACADEMY

Y11 Health and Social Care
Long Term Plan 2026/2027

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
Cycle 1	26/8 Data & Planning Days	2/9	9/9	16/9	23/9	30/9	7/10	14/10	4/11	11/11	18/11	25/11	2/12
		Social Care Services Heart Rate	Social Care Services Blood Pressure	Social Care Services BMI	Seven health conditions Impact of abnormal readings	Seven health conditions Impact of abnormal readings	Seven health conditions Lifestyle indicators	Seven health conditions Lifestyle indicators	Barriers Lifestyle indicators	Barriers	Barriers	Barriers	Values in HSC Needs, wishes and circumstances
Cycle 2	9/12	16/12	6/1	13/1	20/1	27/1	3/2	10/2	24/2	3/3	10/3		
	Values in HSC/ Obstacles Needs, wishes and circumstances	Obstacles	Obstacles	Benefits of values in HSC Importance of person centred	Benefits of values in HSC Comp 3 Recap	Benefits of values in HSC Comp 3 Recap	PSA Prep	PSA Prep	PSA	PSA	PSA	PSA	PSA
Cycle 3	31/3	21/4	28/4	5/5	12/5	19/5	2/6	9/6	16/6				
	PSA	PSA Resubmission Revision - Content TBC	PSA Resubmission Revision - Content TBC	5/5 – Component 3 Exam	Component 2 Deadline								