Year 7 to 10 PDS - Long Term Plan

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
Cycle 1	Term 1								Term 2	*Data/Planning Day*			
	Induction		Healthy Eating and Physical Health and Fitness		Respectful Relationships: Anti Racism		Respectful Relationships: protected characteristics		Online safety: Personal information		Online safety: Personal information	Families	
Cycle 2		Term 3						Term 4		*Data/Planning Day*			
	Mental wellbeing	Mental wellbeing	Being Safe: Consent		Developing bodies and intimate and sexual relationships, including sexual health.		Online Safety: Media Literacy	Online Safety: Media Literacy	Respectful Relationships: Friendships and Conflict		Respectful Relationships: Friendships and Conflict	Drugs, Alcohol, Tobacco and Vaping	
Cycle 3	Term 5						Term 6						*Data/Planning Day*
	Being Safe: Harmful Sexual Behaviour		Wellbeing Online		Health Protection and Prevention, and Understanding the Healthcare System		Financial Literacy		Personal Safety and First Aid		Assessment and Catch Up		

Year 11 PDS - Long Term Plan

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
Cycle 1	Term 1								Term 2	*Data/Planning Day*			
	Induction				Careers: Applying to Sixth Form				Careers: Applying to Sixth Form	Mocks			Careers: Applying to Sixth Form
Cycle 2		Term 3						Term 4		*Data/Planning Day 9/10*			
	Online Safety: Personal Information	Respectful Relationships: Protected Characteristics	Intimate and sexual relationships, including sexual health.	Being Safe: Harmful sexual behaviour.	Health Protection and Prevention, and Understanding the Healthcare System	Mental Wellbeing: Exams	Online Safety: Media Literacy	Personal Safety	Exams/ Academic Input				
Cycle 3	Term 5						Term 6						*Data/Planning Day*
	Exams/ Academic Input						Exams/ Academic Input						