DIXONS BROOKLANDS ACADEMY

KS3 – PE
Long Term Plan 2026/2027

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
Cycle 1	26/8 Data & Planning Days	2/9	9/9	16/9	23/9	30/9	7/10	14/10	4/11	11/11	18/11	25/11	2/12
	Expectations	Reset assemblies ASC Cricket Football Rugby Netball Fitness Trampolining	Cricket Football Rugby Netball Dance/ Trampolining/ Fitness ASC Cricket Football Rugby Netball Fitness Trampolining Rowing	Cricket Football Rugby Netball Dance/ Trampolining/ Fitness ASC Cricket Football Rugby Netball Fitness Trampolining Rowing	Cricket Football Rugby Netball Dance/ Trampolining/ Fitness ASC Cricket Football Rugby Netball Fitness Trampolining Rowing	Cricket Football Rugby Netball Dance/ Trampolining/ Fitness ASC Cricket Football Rugby Netball Fitness Trampolining Rowing	Cricket Football Rugby Netball Dance/ Trampolining / Fitness ASC Cricket Football Rugby Netball Fitness Trampolining Rowing	Cricket Football Rugby Netball Dance/ Trampolining/ Fitness ASC Cricket Football Rugby Netball Fitness Trampolining Rowing	Cricket Football Rugby Netball Dance/ Trampolining / Fitness ASC Cricket Football Rugby Netball Fitness Trampolining	Cricket Football Rugby Netball Dance/ Trampolining / Fitness ASC Cricket Football Rugby Netball Fitness Trampolining	Cricket Football Rugby Netball Dance/ Trampolining / Fitness ASC Cricket Football Rugby Netball Fitness Trampolining	Lacrosse Hockey Football Dance/ Trampolining/ Fitness ASC Cricket Football Rugby Netball Fitness Trampolining Lacrosse	Lacrosse Hockey Football Dance/ Trampolining/ Fitness ASC Cricket Football Rugby Netball Fitness Trampolining Lacrosse

DIXONS BROOKLANDS ACADEMY

	9/12	16/12	6/1	13/1	20/1	27/1	3/2	10/2	24/2	3/3	10/3	17/3	24/3
Cycle 2	Lacrosse Hockey Football Dance/ Trampolining Fitness ASC Cricket Football Rugby Netball Fitness Lacrosse Trampolining	Lacrosse Hockey Football Dance/ Trampolining/ Fitness ASC Cricket Football Rugby Netball Fitness Trampolining Lacrosse	Lacrosse Hockey Football Dance/ Trampolining/ Fitness ASC Cricket Football Rugby Netball Fitness Trampolining Lacrosse	Lacrosse Hockey Football Dance/ Trampolining/ Fitness ASC Cricket Football Rugby Netball Fitness Trampolining Lacrosse	Lacrosse Hockey Football Dance/ Trampolining/ Fitness ASC Cricket Football Rugby Netball Fitness Trampolining Lacrosse	Lacrosse Hockey Football Dance/ Trampolining/ Fitness ASC Cricket Football Rugby Netball Fitness	Badminton Pickleball Dance/ Trampolining / Fitness ASC Badminton Football Netball Rugby Cricket	Badminton Pickleball Dance/ Trampolining/ Fitness ASC Badminton Football Netball Rugby Cricket	Badminton Pickleball Dance/ Trampolining / Fitness ASC Badminton Football Netball Rugby Cricket	Badminton Pickleball Dance/ Trampolining / Fitness ASC Badminton Football Netball Rugby Cricket	Badminton Pickleball Dance/ Trampolining / Fitness ASC Badminton Football Netball Rugby Cricket	Badminton Pickleball Dance/ Trampolining / Fitness ASC Badminton Football Netball Rugby Cricket	Badminton Pickleball Dance/ Trampolining/ Fitness ASC Badminton Football Netball Rugby Cricket

	31/3	21/4	28/4	5/5	12/5	19/5	2/6	9/6	16/6	23/6	30/6	7/7	14/7
Cycle 3	BadmintonPickleball Dance/ Trampolining / Fitness ASC Badminton Football Netball Rugby	Badminton Pickleball Dance/ Trampolining/ Fitness ASC Badminton Football Netball Rugby	Cricket Athletics Rounders ASC Athletics Cricket Lacrosse Rounders	Cricket Athletics Rounders ASC Athletics Cricket Lacrosse Rounders	Cricket Athletics Rounders ASC Athletics Cricket Lacrosse Rounders	Cricket Athletics Rounders ASC Athletics Cricket Lacrosse Rounders	Cricket Athletics Rounders ASC Athletics Cricket Lacrosse Rounders	Cricket Athletics Rounders ASC Athletics Cricket Lacrosse Rounders	Cricket Athletics Rounders ASC Athletics Cricket Lacrosse Rounders	Cricket Athletics Rounders ASC Athletics Cricket Lacrosse Rounders	Cricket Athletics Rounders ASC Athletics Cricket Lacrosse Rounders		

Cricket	Cricket	Handball Fitness Football Badminton	Handball Fitness Football Badminton	Handball Fitness Football Badminton	Handball Fitness Football Badminton	Handball Fitness Football Badminton	Handball Fitness Football Badminton	Handball Fitness Football Badminton	Handball Fitness Football Badminton	Handball Fitness Football Badminton		

DIXONS BROOKLANDS ACADEMY

KS4

Long Term Plan 2026/2027

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
Cycle 1	26/8 Data & Planning Days	2/9	9/9	16/9	23/9	30/9	7/10	14/10	4/11	11/11	18/11	25/11	2/12
		Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis
Cycle 2	9/12	16/12	6/1	13/1	20/1	27/1	3/2	10/2	24/2	3/3	10/3		
	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis

DIXONS BROOKLANDS ACADEMY

	31/3	21/4	28/4	5/5	12/5	19/5	2/6	9/6	16/6			
Cycle 3	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis	Leadership Orienteering Cricket Football Rugby Lacrosse Badminton Gymnastics Table Tennis						